

Call To Action Toolkit

responses to the TRC 94



About The TRC

The TRC is a component of the Indian Residential Schools Settlement Agreement. Its mandate is to inform all Canadians about what happened in Indian Residential Schools (IRS). The Commission will document the truth of survivors, families, communities and anyone personally affected by the IRS experience. In order to redress the legacy of residential schools and advance the process of Canadian reconciliation, the Truth and Reconciliation Commission created 94 calls to action.

We created this toolkit to help aid youth who are working towards completing their own calls to action. Within these examples, there are grant ideas catered to both Indigenous and non-Indigenous youth.

Pre-Application Reflection

It is important to reflect on special considerations if your project is aiming to serve a community that you are not a part of.

The #RisingYouth Self-Reflection Guide video, shares a few suggestions on how to approach your application, and what to think about before reaching out to a community. We hope to encourage reflection whenever youth are engaging with at-risk, marginalized, underrepresented, and minority groups.

[Click here to watch the video](#)

Project Ideas

This toolkit contains examples of projects that would be eligible for the #RisingYouth Grant Program. Each project idea has a description and a downloadable pre-filled budget spreadsheet. These examples are to offer inspiration as we want to encourage youth to bring their creativity and unique experience into their proposed project plans. Visit RisingYouth.ca to apply for a grant or for more information on eligibility.

Feel free to change/add to your project description and budget on your application. If there is an element of your project idea that needs to be adjusted to fit within eligibility requirements, a #RisingYouth team member will reach out and help make sure that your project can be approved.

Newcomer Education Kit

One of the TRC calls to action includes educating newcomers on Indigenous history. Your project can revolve around making a resource that will be accessible to newcomer families. This can be done through different mediums such as printed booklets, a website, or video. Educating newcomers about Treaties and Residential Schools fall in line with the 93rd Call to Action.

\$250 Budget

\$100: Printing services

\$100: Offering for knowledge keepers or Elders

\$50: Promotion (paid advertisements)

[Click here to download spreadsheet](#)

\$750 Budget

\$200: Website domain/subscription

\$150: Graphic designer

\$350: Offering for knowledge keepers or Elders

\$50: Promotion (paid advertisements)

[Click here to download spreadsheet](#)

Virtual Sharing Circle

Host a virtual sharing circle with youth in your community and learn about the history behind traditional knowledge systems. Host your project as a one-day day event, or over 4–6 weeks and meet to discuss things you have learned every week. Create participant packages filled with supplies they need and drop them off at their doorstep (follow COVID–19 protocol).

\$250 Budget

\$200: Beading supplies (\$50x4)

\$50: Offering for knowledge keepers or Elders

[Click here to download spreadsheet](#)

\$750 Budget

\$120: Offering for knowledge keepers or Elders

\$150: Ingredients for Bannock (\$25x6)

\$150: Paint supplies (\$25x6)

\$180: Local fish skin for fish leather (\$30x6)

\$150: Sash making (\$25x6)

[Click here to download spreadsheet](#)

Sharing the Calls

Giveaway pocket-sized TRC booklets to classmates and teachers, co-workers, or anybody else in your community. At the higher grant level, you can also distribute these booklets and meet weekly to talk about what you have learned about the TRC's Calls to Action.

Booklets are available at nctr.ca/shop/calls-to-action-booklet



\$250 Budget

\$238: TRC CTA booklets (\$7.35x34)

\$12: Tax for booklets

[Click here to download spreadsheet](#)

\$750 Budget

\$490: TRC CTA booklets (\$7.35x70)

\$25: Tax for booklets

\$235: Food for weekly learn and share meetings

[Click here to download spreadsheet](#)

Indigenous Rights Event

Host a gathering in your community that will follow all COVID-19 guidelines. This event can help start the healing process for the community. Rally together people in your community to help you create awareness, education and conversation surrounding topics like Missing and Murdered Indigenous Women and Girls, Residential Schools, or life on the land. You can also invite speakers within the community who can share their stories and experiences with the crowd.

\$750 Budget

\$400: Speaker honoraria (\$50x8)

\$200: Materials for signs (Paint: \$100, Poster Board: \$50, Markers: \$50)

\$150: Orange t-shirt for organizers (\$15x10)

[Click here to download spreadsheet](#)

\$1500 Budget

\$600: Speaker honoraria (\$50x12)

\$500: Materials for signs (Paint: \$200, Poster Board: \$200, Markers: \$100)

\$300: Orange t-shirt for organizers (\$15x20)

\$100: Microphone + speaker rental

[Click here to download spreadsheet](#)

Supporting the Families of MMIWG

Use the #RisingYouth grant to purchase materials that can help support the families of Missing and Murdered Indigenous Women and Girls. For example, you can purchase t-shirts that can be customized with the name or photo of their family member, print posters that can be posted around the community, or educate the public on MMWIG and helplines people can call. [Click here for resources on MMWIG.](#)

\$750 Budget

\$300: T-shirts (\$15x20)

\$100: Printable heat transfer sheets to customize the t-shirts

\$200: Printing services for flyers

\$150: Paid advertisement for virtual posters

[Click here to download spreadsheet](#)

\$1500 Budget

\$750: Custom printed t-shirts (\$25x30)

\$200: Printing services for flyers

\$200: Website subscription and domain

\$150: Website designer

\$200: Paid advertisement for your created website that has information on MMIWG

[Click here to download spreadsheet](#)

Art for History and CTA's

Use the #RisingYouth Grant to work with an Indigenous artist in your community and create stickers, buttons, and/or prints that can spread awareness to Indigenous peoples history and the TRC's Calls to Action.

\$750 Budget

\$300: Honoraria for Indigenous artist

\$200: Printing fees for sticker or posters

\$250: Button making service

[Click here to download spreadsheet](#)

\$1500 Budget

\$600: Honoraria for Indigenous artists (\$300x2)

\$450: Printing fees for sticker or posters

\$450: Button making service

[Click here to download spreadsheet](#)

Indigenous Education

Use multimedia to educate the local and global community on the histories, cultures and/or triumphs specific to the Indigenous community that you reside on, or that you are from. You can focus on revitalizing the culture such as language, dancing, or singing. Another idea would be to promote the resilience and perseverance of Indigenous people through education on history.

\$1500 Budget

\$750: Offering for elders, knowledge keepers, and people sharing their stories/experiences (\$50x15)

\$200: Professional service payment for a videographer, photographer or content creator

\$200: Website designer

\$200: Website domain/subscription

\$150: Promotion (Paid advertisements)

[Click here to download spreadsheet](#)

Culture Camp for Indigenous Youth

Have a day-long culture camp for Indigenous youth in your community. Bring in elders and knowledge keepers to teach youth about traditional knowledge systems, such as drum making, language, beading, etc. This camp should be led by Indigenous Youth, for Indigenous youth.

\$1500 Budget

\$400: Food

\$200: Offering for workshop leaders (\$50x4)

\$50: Personal protective equipment

\$50: Pens and notebooks for participants

\$200: Materials for moccasins

\$200: Beading materials

\$200: Ribbon shirts and skirts materials

\$200: Tanned hide

[Click here to download spreadsheet](#)

Children's Book

Create a children's book to spread awareness on the resilience and perseverance of Indigenous people through education on history. You can make hard copies of your book, but we also encourage you to make digital copies available online so it is easily accessible for digital viewing or printing. Whether you are uploading your book online or printing hard copies, you can also use the funds to market your book to a wider audience!

\$1500 Budget

\$750: Printing service for hard copies (\$30x25)

\$200: Editor honoraria

\$200: Illustrator honoraria

\$200: Video and photo content for marketing

\$150: Marketing and paid advertisements

[Click here to download spreadsheet](#)

'Whose Land' Education

Use the #RisingYouth Grant to both celebrate and educate the participants involved on whose traditional territory you are situated on and their history. This can examine the treaties, unceded territories, and modern Indigenous land agreements. Gather people within your community to host singular or multiple events to create a space for kinship, relationship building, and the importance of place. You can also use the mobile app "Whose Land" or the website (www.whose.land) to learn more about the land you reside on.

\$1500 Budget

\$750: Offering for Elders, knowledge keepers, and people sharing their stories/experiences (\$50x15)

\$400: Food

\$50: Print resources for handouts

\$50: Pens and notebooks for participants

\$250: Local Indigenous artwork for giveaway prizes

[Click here to download spreadsheet](#)

Next Steps

If you have any questions or would like additional support overcoming any barriers you might run into during your project application or execution, feel free to reach out to our #RisingYouth Participant Support Coordinator, Marc Basque.

You can reach him at marc@takingitglobal.org. Alternatively, you can book a quick phone or video call with Marc on Calendly during a time that works best for you!

For Marc's Calendly, visit www.calendly.com/marcbasque.

[More CTA project ideas are also available here.](#)

#RISINGYOUTHCTA

01

Apply

Apply for the #RisingYouth Grant on our website, RisingYouth.ca. A full list of eligibility criteria is also on our website.

02

Approval

A member of our team will be in touch with you to help make sure all aspects of your project are eligible, and get your project approved as soon as possible.

03

Action

Take action on your amazing project idea and submit your final report so we can congratulate you on the impact you made within your community.

Self-Care Reminder

It is important to take care of your mental wellness during the execution of your #RisingYouth project. Please keep in mind that though there may be project end dates in place, we can provide some flexibility to youth who communicate their need for an extension, as we understand that many of these projects may have a mental and physical toll. We want to remind youth to engage in self-care and to be mindful of their mental health throughout the entire project.

If you are in crisis, please call 911 or go to your nearest emergency department for assistance.

Personal Wellness Supports

First Nations and Inuit Hope for Wellness Help Line

Call 1-855-242-3310

Offers immediate mental health counselling and crisis intervention to all Indigenous peoples across Canada. 24/7 & toll free, available in English and French.

Crisis Services Canada

Call 1-833-456-4566

If you are concerned about someone considering suicide and/or yourself looking to speak with a trained professional, this resource is available 24/7 with services in English and French.

Indian Residential School Survivors Society

Call 1-866-925-4419

The Indian Residential Schools Crisis Line is available 24-hours a day for anyone experiencing pain or distress as a result of his or her Residential school experience.

Kids Help Phone

Call 1-800-668-6868 or text 686868

Provides professional counselling, information and referrals and volunteer-led, text-based support to young people in both English and French. 24/7, national support service.

Be Safe

Be Safe is a mobile app that aims to help young adults make a decision about seeking help in a crisis. The Be Safe app is available on the [App Store](#) or [Google Play](#). The App allows users to create a digital safety plan, Informs users about mental health and addiction resources in their local community, available in English and French.